



Partnering with parents,  
educators and teachers to offer  
**training in early  
childhood education**

## Our Vision

We're in the business of growing healthy, happy and resilient children.

## What we offer

Our For Life Education & Training workshops provide useful, targeted, real life training to support parents and caregivers with transitions, milestones and behaviours. Using the latest research in neuroscience, our workshops are designed and delivered by child mental health specialists, independent researchers and early childhood education tutors.

Workshop topics include:

### The Power of Relationships

Hardwired for connection.

### Growing in Connection

Understanding the science of relationships and how to build a foundation of love.

### Talk to Me

Communication, conversation and the foundations of language.

### Behaviour has Meaning

Staying connected through the tricky times.

### The Power of Play

Why play is important - and endangered.

### Sleep Like a Baby

Understanding the science of sleep, settling and supporting these in relationship.

### A Journey of Discovery

Growing emotional intelligence and resiliency.

### Transition to School

Developing social and dispositional skills and familiarity with the school environment.

### Bespoke Training

Designed to need and tailored to fit requests, we can provide training on many aspects of early childhood education.

## Want to know more?

If you would like additional information for any of these workshops contact us

[admin@forlifenz.com](mailto:admin@forlifenz.com)

**0508 FOR LIFE (0508 367 5433)**



**FOR  
life**  
EDUCATION  
& TRAINING