

# Unwell Child Danger Signs

C1017

## Healthline

0800 611 116

## National Poison Centre

0800 764 766

0800 POISON



## In case of emergency

- 1 Always phone for an ambulance if a child is acutely injured or ill.
- 2 Contact the parents immediately if a child becomes suddenly unwell or has an accident.
- 3 Give an accurate description of the situation and act on the family's advice.
- 4 If you need further support, then contact your Programme Tutor for assistance.
- 5 Notify your local PORSE Office.

## General

- Cannot be woken or is responding less than usual to what is going on around him/her.
- Has glazed eyes and is not focusing on anything.
- Seems more floppy, drowsy or less alert than usual.
- Has a convulsion or fit.
- Has an unusual cry for one hour or more.
- Has been badly injured.
- There is a bulge in the groin which gets bigger with crying.

## Temperature

- Feels too cold or too hot (temperature is 38.3°C or higher).

## Circulation and skin colour

- Body is much paler than usual or suddenly becomes pale.
- Goes very white.
- Nails are blue or big toe is completely white or colour does not return to toe within three seconds of a squeeze.
- Has a rash or large red or purple spots, or bruising
- Goes blue.

## Breathing

- Goes blue or stops breathing.
- Breathes more quickly than normal or grunts.
- Is wheezing when breathing out.
- There is in drawing of the chest visible with each breath.

## Vomiting and Diarrhoea

- Has vomited at least half the feed after each of the last three feeds.
- Has green vomit.
- Has vomiting and diarrhoea together.
- Has taken less fluid than usual.
- Has passed less urine than usual.
- Has any blood in nappy.